Social Distancing Social Story

Courtesy of the Autism Research Institute www.autism.org

Right now, some people around the world are sick with a virus called COVID19.	sick
The virus can make some people very sick. I can help keep myself, my family, and my friends safe by social distancing.	social distancing
Social distancing means I can only be near the people I live with. When I stay away from people that I don't live with, I am helping the world get better.	stay home
It's ok to feel sad and to miss my friends and other people who I like to see. I can talk to them on the phone or see them on a video call.	phone call
I can still go outside for exercise or to go to the store, but I have to stay at least 6 feet away from other people. That's about the length of my couch or bathtub!	6 feet on away
I can follow the six-feet apart rule of social distancing until doctors and scientists say that it is safe to gather closer together again.	doctor
If I go outside, I will not touch my face. I will wash my hands immediately when I return home.	wash hands dont touch face
I might have to wear a mask if I go outside. The mask will help protect my nose and mouth from germs.	mask