



Free Intervention Study!

Are you a parent of a child with Autism Spectrum Disorder (ASD)?

Would you like free parent training to help manage your child's fear/anxiety?

At St. John's University, we are conducting a research study on the effectiveness of an online parent training program for parents of children with autism spectrum disorder (ASD) and co-occurring Intellectual Disability to teach their children to help overcome or cope with their fears or phobias. We are currently seeking parents to volunteer to participate in this parent training program.

This study might be right for you if...

- You are the parent of a child who has been diagnosed with **Autism Spectrum Disorder (ASD)** between the ages of **5 and 11 years** old.
- Your child has a co-occurring **intellectual disability** and/or is nonverbal or minimally verbal.
- You and your child live in the **same home**.
- Your child has a **fear or phobia** (i.e., reliably shows afraid or anxious behaviors in response to the presentation of a specific stressor/situation such as dogs, doctors, separation from parents, transitions, etc.)

The potential benefits of the study are...

You may increase your knowledge of evidence-based strategies for addressing anxiety and help your child to be able to cope with fear-inducing or anxiety-inducing situations.

For more information on this study or to request a screening packet, please contact **Dr. Lauren Moskowitz** at St. John's University via email at moskowil@stjohns.edu.

Thank you!